

# ParTNers Health & Wellness Center

#### **About the Health Center**

- WRS Tennessee Tower, 3<sup>rd</sup> floor
- For employees on State Group Health Insurance Plan
- Monday-Friday, 8 a.m.-4:30 p.m.
- Highly trained and experienced staff
- Wide range of services and capabilities





#### **Center staff**

- 2 full-time Family Nurse Practitioners
  - Janet Keys, FNP
  - David Flecksteiner, FNP
- Physician (1 day/week)
  - Dr. Marshelya Wilson, MD
- Behavioral health counselor (3 days/week)
  - Kayla Smith, LPC
- 2 patient service representatives
- 3 full-time nursing staff
- Onsite health coach (available as scheduled)

#### Services

- Minor illnesses/injuries
- Allergy treatments
- Chronic condition assessment (diabetes, high blood pressure, etc.)
- Some lab testing (ex. biometric screening)
- Certain immunizations
- Limited onsite prescriptions, OTC medications and e-prescriptions
- Onsite behavioral health and employee assistance counseling
- Onsite lifestyle and chronic disease coaching
- Wellness services
  - Tobacco cessation aids
  - Nutrition/physical activity assessment
- Integrated visits: medical, wellness, behavioral health
- Referrals to PCP or specialist, if needed

### FollowMyHealth patient portal

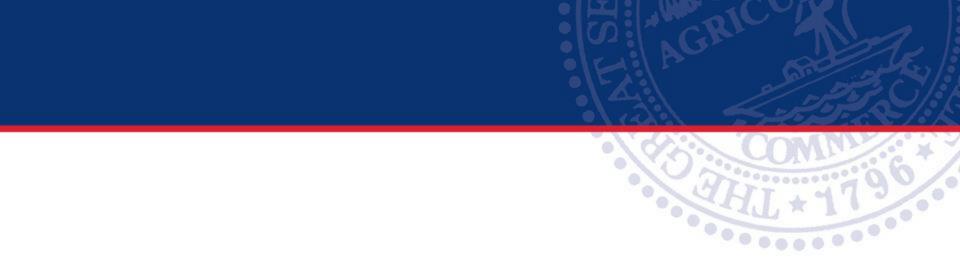
- Confidential and convenient
- Access through website: partnershealthcenter.com
- Connected to UCHS confidential electronic health record
- Capabilities
  - Schedule a medical appointment
  - Access labs and medication information
  - View clinic information after a visit
  - Ask a provider a question
  - View patient education information

# Onsite Employee Assistance Program (EAP) services

- Confidential
- Convenient
- Help with:
  - Life, family, work stress
  - Anxiety and depression
  - Other behavioral health issues
- Employee initiated
- Available to employers for employee assistance consultations

### **Upcoming events/changes**

- Flu shots
  - New schedule for October 2015
- CDHP
  - Deductibles apply and insurance billing will occur
  - Member will pay UCHS billing department
- Behavioral health
  - Monthly Lunch & Learns
  - Visit partnershealthcenter.com for event schedules
- Wellness
  - Lunch & Learns
  - Onsite small group meetings



## Questions?